**Paige Cadice**

Licensed Marriage and Family Therapist

7281 S. Valleyhead Court, Aurora, CO 80016

(916) 626-1939 ~ paige.cadice@cuanshutz.edu

**OBJECTIVE**

Compassionate and experienced clinician with expertise in behavioral health assessment and evidence-based treatment interventions. Committed to providing quality clinical care and advancing professional education in the mental health field

**CURRENT POSITIONS**

**Instructor,** Department of Psychiatry (November 2024- Present)

University of Colorado School of Medicine

**Behavioral Health Clinician** (November 2024- Present)

Outpatient Behavioral Health Clinic

Pediatric Mental Health Institute

Children’s Hospital Colorado

**EDUCATION**

Degrees Awarded

Bachelor of Arts in Spanish Language and Literature, August 2005

The University of Colorado at Boulder, Boulder, Colorado

Master of Science in General Psychology, December 2009

Capella University, Minneapolis, Minnesota

Master of Science in Marriage and Family Therapy, April 2016

Capella University, Minneapolis, Minnesota

Graduate Certificate in Play therapy, April 2016

Capella University, Minneapolis, Minnesota

Professional Training

* Graduate Student Internship- Substance Abuse Counselor Intern

Joint Substance Abuse Program

Camp Foster, Okinawa, Japan (2009-2010)

* Graduate student internship- Intern Clinician

Young Adult Program La Frontera Center

Tucson, Arizona (2015-2016

* Post-graduate study and supervision in Marriage and Family Therapy by Children’s Receiving Home of Sacramento (Leslie Lem, LMFT, Heather Aller-Stamps, LMFT, Vanessa Bonatto, LCSW) Sacramento, CA (2019-2020)
* Post-graduate study and supervision in Marriage in Family Therapy by Jasmyne Kettwick, MAMFT, LMFT, RPT-S, CSST, Centennial, CO (2020-2022)
* Completed training course in Introduction to Synergetic Play Therapy (2021)
* Completed training certification course for Child and Adolescent Trauma Professional Designation (CATP) (2023)
* Completed a training course in Integrative Play Therapy for the Treatment of Childhood Abuse and Trauma (2024)
* Completed a training course in Trauma-Informed Play Therapy for Sexually Abused Children and Adolescents (2024)
* Completed training course in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) (2024)
* Participant in certification course in Perinatal Mental Health (2024-Present)

**LICENSURE**

Licensed Marriage and Family Therapist, Colorado License MFT.0002221, active since August 2022

**ACADEMIC APPOINTMENTS**

**Instructor**

Department of Psychiatry, Anschutz School of Medicine   
University of Colorado, Aurora, CO (2024-present)

**PROFESSIONAL EXPERIENCE**

**Behavioral Health Clinician | Pediatric Mental Health Institute, Children’s Hospital Colorado| November 2024-Present**

Outpatient provider within the Pediatric Mental Health Institute (PMHI) at Children’s Hospital Colorado. Perform assessment, diagnostic evaluation, psychotherapy for children, adolescents, and families.

**Licensed Marriage and Family Therapist | Rylie Center for Hope and Healing, Littleton, Colorado| January 2024-Present**

Perform assessment, diagnostic evaluation, psychotherapy, crisis evaluation, and case management for adults and couples. Focus on perinatal mental health, adjusting to life transitions and struggles, including pregnancy, miscarriage, adjustment to new siblings, parenting, and couple dynamics.

**Licensed Marriage and Family Therapist and Owner | Sage Child and Family Therapy, LLC, Aurora, Colorado | September 2022-Novemeber 2024**

Perform assessment, diagnostic evaluation, psychotherapy, crisis evaluation, and case management for adolescents, adults, couples, and families. Experience with providing individual and family interventions for those experiencing trauma. Regularly engaged in consultation and coordination of mental health care plan for clients with family, school, and other health professionals as applicable per client’s needs. Focus on women adjusting to life transitions and struggles, including, pregnancy, newly postpartum, miscarriage, parenting, divorce, and coparenting.

**Licensed Marriage and Family Therapist | Relate Family Therapy and Counseling, Centennial, Colorado | September 2020-November 2022**

Performed assessment, diagnostic evaluation, psychotherapy, crisis evaluation, and case management for children, adolescents, adults, couples, and families. Observed children and parent interactions in play therapy rooms and provided therapeutic interventions to promote better parent-child attunement and attachment. Regularly engaged in consultation and coordination of mental health care plan for clients with family, school, and other health professionals as applicable per client’s needs. Experienced in providing therapeutic interventions to manage trauma experienced by individuals and its impact on families. Provided parent and coparent coaching for parents.

**Early Childhood Mental Health Consultant | Mental Health Center of Denver, Denver, Colorado | March 2020-September 2020**

Provide consultation to childcare center staff regarding individual children for a variety of social-emotional concerns, including challenging behaviors. Observe children in their childcare setting to assess functioning, relationships with caregivers and other children. Meet with childcare staff and/or families to complete assessments, provide developmental guidance, and referrals to other clinical resources. Meet regularly with childcare staff to address programmatic concerns and provide reflective processing opportunities for staff. Facilitate social-emotional groups for children. Provide regular training to center staff and parents on social/emotional topics.

**Clinician | Sprouts Trauma Informed Care Program and Teen Program (On-Call), Children’s Receiving Home of Sacramento, Sacramento, California | January 2019-Feburary 2020**

Perform diagnostic evaluation, biopsychosocial assessment, psychotherapy, crisis intervention, case management, and clinical interventions for Sprouts Preschool teachers, individuals (ages 2-6), and their families in the therapeutic preschool program. Regularly assessed risk and coordinated care with family, school, other mental health professionals, Child protective services (if applicable) and medical/psychiatric support for child needing extra support. Facilitate weekly to twice weekly group therapy for children using Theraplay (Sunshine Circles) and concepts from The Trauma Informed Curriculum for Social-Emotional Learning: Preschool-Early Elementary curriculum. Responsible for development of policies and procedures for Sprouts program’s mission, goals, and objectives in preparation for the Council of Accreditation’s review.

**Child Clinician | Child and Family Center, La Frontera Center, Tucson, Arizona | April 2014-April 2016**

Performed assessment, diagnostic evaluation, psychotherapy, crisis intervention, and case management for individuals (ages 0-12), families, and groups who are involved in Child Protective Services, trauma, and abuse. Regularly participated in multidisciplinary meetings with other professionals involved in client’s care to ensure holistic support of client’s mental health needs. Participated in planning, development, and implementation of an empathy group for children (ages 2-7) aimed to increase emotional identification and regulation skills individually and with other peers.

**Intern Clinician | Young Adult Program, La Frontera Center, Tucson, Arizona | July 2015-March 2016**

Performed assessment, diagnostic evaluation, psychotherapy, crisis intervention, and case management for adolescents (ages 13-19), their families, and groups. Provided resources and options for alternative care programs (either step up care or step-down care) as needed for client’s individual mental health plan. Participated in planning, development, and implementation of an arts-based group therapy program aimed to increase adolescent’s ability to explore their own emotional world.

**Clinician II | Las Familias Program, Arizona Children’s Association, Tucson, Arizona | April 2013-October 2013**

Provided assessment, diagnosis, treatment planning, psychotherapy (individual and group), and case management for children and adults who have experienced childhood sexual abuse.

**Substance Abuse Counselor Intern | Joint Substance Abuse Program, Camp Foster, Okinawa, Japan | September 2009-March 2010**

Provided individual therapy, group therapy, and case management services to adults with substance abuse/dependence.

**PROFESSIONAL COMMITTEE AND SERVICE RESPONSIBILITIES**

Professional Organizations

* Professional Member, American Association for Marriage and Family Therapy (Current)
* Professional Member, Association for Play Therapy (2023)
* Student Member, American Psychological Association (2019)

Community Volunteer Services

* Volunteer, Hospice and Children’s Bereavement Art program, Sutter VNA and Hospice, Roseville, California (2011-2012)

**REFERENCES**

Internal References

Jessica Hawks, Ph.D.

Supervisor

Clinical Director of Ambulatory Services, Pediatric Mental Health Institute, Children’s Hospital Colorado

Associate Professor, Department of Psychiatry, University of Colorado School of Medicine

720.777.8221

Marisa Taylor, LPC

Lead Behavioral Health Clinician, Pediatric Mental Health Institute, Children’s Hospital Colorado

Assistant Professor, Department of Psychiatry, University of Colorado School of Medicine

720.777.3917